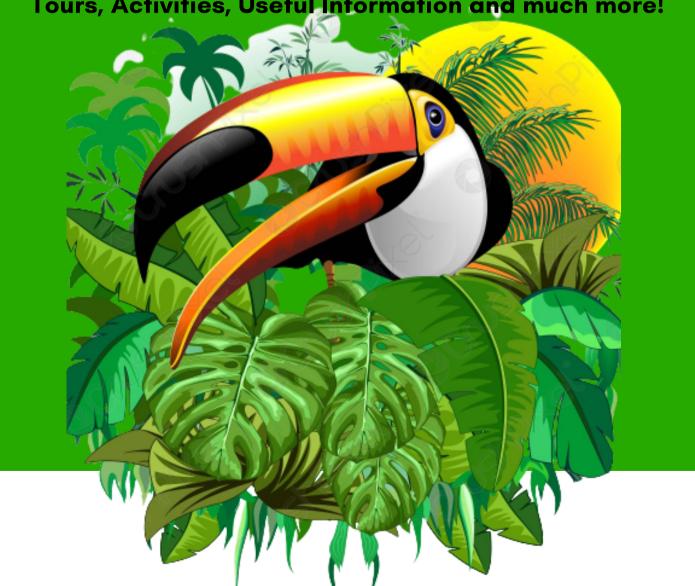
## TUCAN HOTEL

## FORMATION & CUPPEBOOK

A Quick Guide to everything you need to know about the Tucan Hotel and the Uvita Region.

Tours, Activities, Useful Information and much more!



## Section 1

### THE HOTEL

The Hotel Tucan is conveniently located in the Center of the town of Uvita.

The official address is: 100m east of the Bank of Costa Rica, Uvita, Osa.

Here is the Google Maps Link to find us:

https://goo.gl/maps/7Bt9QJnxewrn3x1D7

If arriving by bus, the Uvita bus station is located 300m away on the main highway, the stop is called Uvita Centro or simply Uvita depending on who you ask.

### The Reception desk is open from 7am to 10pm every day. Check-In is at 2pm and Check-Out at 11am.

If you arrive in Uvita earlier than 2pm, feel free to come by and drop off your luggage with us while you go explore the town.

If you want to stay in Uvita or in the hotel past 11am, no problem! We can keep your luggage and you can come back later to pick it up on continue on your trip.

### The Hotel is a 100% smoke-free zone.

Following Costa Rican law, there is no smoking anywhere on the property, so be prepared to smoke out on the street :)

#### Late Check-in:

In case you arrive after 10pm, please get in touch with us as soon as possible to organize a late check-in. We do have a procedure in place that we can share with you through WhatsApp.

### Breakfast Included Everyday from 7am - 9am

Typical Costa Rican breakfast Plate (your choice of: Gallo Pinto, Scrambled Eggs, Sausage, Toast and Cheese) as well as self-serve fresh fruits, cake, coffee, tea and juice

Communal Kitchen Available with Fridge, Hot Plates, Microwave, Toaster

#### **Additional Services Offered:**

Laundry: 15\$ flat rate for a large load

Bike Rental: 10\$ half day, 15\$ full day

#### Contact

Main Phone Number: +506 2101 2519

WhatsApp: +506 8628 1591

Email: tucanuvita@gmail.com

Section 2

### UVITA

Uvita is a town of approximately 5,000 people.

You will find here 3 supermarkets (**Pacifico** –200m; **BM** – 1km; **Maxi Pali** – 2.6km) 3 banks & ATMs (**BCR** – 200m; **Coopealianza** – 1km; **Banco Nacional** – 1km)

Most places in Uvita accept cards so you do not need to take out a lot of cash and both currencies are widely accepted (beware the exchange rates!).

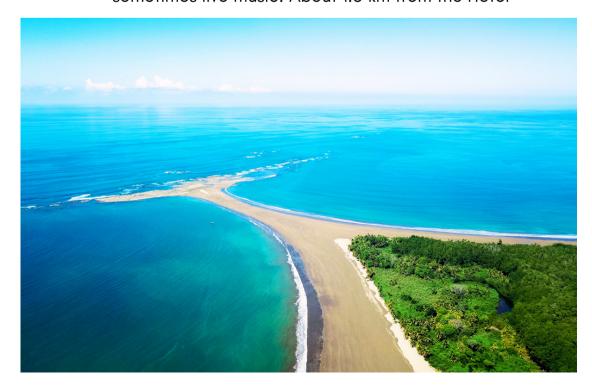
Golden rule is to pay in the currency given to you to avoid surprises.

If you do not have your own car, no worries! Uvita is mostly walkable without too much hassle but you can also grab a taxi from the **taxi stand** 100m from the hotel or call one to pick you up directly at the hotel.

All the beaches within the Uvita city limits are part of the **Marino Ballena National Park** and are subject to an entrance fee. The closest beach that is free to access is called **Playa Hermosa** and is about 4km away from the hotel

There is a great **Farmers Market** every Wednesday and Saturday from 8am to 2 pm.

There you will find fresh fruits and vegetables, local artists, souvenirs, food and sometimes live music! About 1.5 km from the Hotel



Section 2 UVITA

### **Main Touristic Attractions:**

### Marino Ballena National Park (Whale Tail National Park)

Located 3km from the Hotel.

Entrance Fee: **6.78\$ USD per person** / per day. CARD ONLY Notes:

No food or drinks inside the park except for water. Limited facilities and no trails. Beautiful, raw and natural beach that is great to walk along and get to the end of the rock formation in the shape of a Whale Tail at the end of the beach. To fully enjoy the beach, you need to go 2 hours on either end of the lowest tide. Tides change every day so look them up before coming or we can also give you that information when you arrive.

The National Park is also used as the departure spot for all whale-watching tours. The main season for whales is from mid-July to mid-September. There is a secondary season from Mid-December to Mid-March. (see "TOURS" for more details)

### Cascada Uvita - Uvita Waterfall

A very easy 15 minute walk from the Hotel, you will find a lovely waterfall with 2 natural swimming pools fed by the colder mountain rivers; perfect for a nice swim to beat the heat!

**Entrance Fee: 2000 colones** 

You will go through a butterfly garden and you can jump in the pools from a platform or go down a natural rock slide along the waterfall.

### **Surf Lessons**

We have some of the best beaches in Costa Rica and there are some for every level of surfer. From beginner to advanced, you are sure to find your perfect wave.

Board Rentals on the beach around 15\$ per day. Lessons range from 50\$-65\$ for a 2 hour lessons based on the level.



### **Whale Watching**

Mid-July to Mid-September & Mid-December to Mid-March.

Half Day Tour from 8:30am to 12pm.

Leaves from the beach, goes around the Bay to find and observe whales.

Water & Fruits provided on the boat.

### Nauyca Waterfalls

https://nauyacawaterfallscostarica.com/

30 minute Drive from the Hotel. Absolutely amazing hike (8km round trip) or you can also pay extra to go on horseback or with a pick-up truck if you don't feel like walking.





### **ATV Tour**

https://jungleatv.com/book-a-tour/

4–5 Hour Off-Road Tour in the mountains behind Uvita, coffee tasting, beautiful ocean views and a refreshing swim in a waterfall with Fresh Fruits

Prices may change, please consult us for the most recent prices



### **Coffee Tour**

30 minutes Drive from the Hotel. 3 hour Tour.

4x4 Required. English/Spanish Guide.

Get to know the process of coffee making,
from its plantation to achieving a delicious

cup of coffee!

### **White Water Rafting**

A rafting trip in the Savegre is one of the best experiences that you may enjoy during your vacation and it is recommended even for families and/or rafting beginners, as its waters are classified as types II and III, so it gives you the pleasure of a perfect combination of excitement and safety.



### <u>Alturas Wildlife Sanctuary</u>

https://www.alturaswildlifesanctuary.org/

15 min Drive from the Hotel. Closed Mondays.

Reservation Required. Tours in English.

Beautiful Sanctuary with a wide variety of Costa Rican birds, reptiles, monkeys, wild cats and more!

Prices may change, please consult us for the most recent prices



### **Horseback Riding**

https://www.rancholamerced.com/

Waterfall Ride every day, Sunset Ride depending on the tides.

### **Bird Watching & Nature Hikes**

https://www.haciendabaru.com/

Beautiful trails in a 330 Hectare Natural
Reserve. You will be able to observe many
species of birds during a 3 hour tour with a
bilingual guide





### **Zipline Canopy Tour**

https://www.osacanopytour.com/

An adventure that will last about 3 hours in total, include 7 different cables, 3 rappels, and 2 bridges.

Option to add a Mangrove Tour for a total of 150\$ per person

Prices may change, please consult us for the most recent prices

### **Snorkeling - Isla Cano**

Departure from Sierpe. Transport from the Hotel available for an extra 20\$ per person. 2 dives of 45 minutes each. Lunch is included. Best snorkeling in the southern pacific zone, with turquoise waters, pristine corals and rock reefs with a great variety of marine wildlife. You may see turtles, dolphins, humpback whales (July to October), parrot fish, king angels, barracudas, eels, reef sharks, and stingrays.









### Day Tour to Corcovado National Park

Departure from Sierpe. Transport from the Hotel available for an extra fee.

1.5 hour boat ride each way + 3-4 hour hiking tour. Lunch is Included.

Most Biodiverse Area in the world, the
Corcovado National Park is home to
thousand of endemic species of fauna and
flora. You will be dropped off at the San
Pedrillo Ranger Station for your hike, you may
get a chance to see three-toed and twofinger sloths, anteaters, white-faced
monkeys, howler monkeys, and many others.

Section 1
TRANSPORTATION

### BUS SCHEDULE BEWARE - THIS SCHEDULE MAY CHANGE AT ANY TIME.

### FROM UVITA TO DOMINICAL

6:00 / 9:30 / 11:40 / 13:30 / 14:00 / 14:30 / 16:00 / 17:30

### FROM DOMINICAL TO UVITA

4:45 / 7:30 / 10:30 / 16:00 / 17:30

### FROM UVITA TO QUEPOS

5:30 / 11:40 / 14:30 / 16:00

### FROM QUEPOS TO UVITA

6:30 / 9:30 / 17:30

### FROM UVITA TO SAN JOSE CENTER (TRACOPA)

6:00 / 10:00 / 11:00 / 16:00 / 19:00

### FROM UVITA TO SJO AIRPORT

7:30 & 9:30

### PRIVATE AIRPORT SHUTTLES

MONKEY RIDES: <a href="https://www.monkeyridecr.com/">https://www.monkeyridecr.com/</a>

ESTEBAN: +506-6425-7090

UVITA BUENAS (YAIR): +506-6075-5706

## Section 5 RESTAURANTS

### Recommendations for the best restaurants in the Costa Ballena

### Walking Distance from the Hotel

**Pizzeria El Camino** – Great Pizza, so close you can smell it! Closed on Wednesdays. Eat there or take it back to the hotel to enjoy.

**The Bakery** – Sandwiches, Bowls, Fresh Baked Goods. Right next door. Open every day but closes at 7pm.

**Los Laureles** – Best Fish Tacos around. 2 min walk from the hotel. Closed on weekends.

**Santa Burguesa** – Amazing burgers & beers at very affordable prices. The Chicken Burger is not to be missed.

Mystic Sushi - Best sushi, period.

**Uvita GastroPark** - 5 Restaurants & 1 Bar in the same place! Burgers, BBQ, Ceviches, Thai Food and Healthy Bowls and Mixology Bar. Open Late on Weekends (11pm)

**Sibu** - Extensive menu, something for everyone and everything is good. Cocktails are on another level!

**Los Barriles** - Great seafood!

Mestizo Tradición y Fusión - Peruvian & Japanese Fusion.

Indomitos - Vegetarian/Vegan restaurant with great smoothies!

### Section 5 RESTAURANTS

### Recommendations for the best restaurants in the Costa Ballena

### A Bit of a Drive - or a Taxi!

**Scala** (15 min) – Refined gastronomy with fresh local ingredients, beautifully decorated restaurant and a cocktail list beyond words. Try the risotto and smoked gin & tonic. 4x4 car and reservation required.

**La Parcela** (15 min) - Great décor, amazing ocean view, small trails to explore the beach and white-faced monkeys that come and play around sunset!

**Heliconia** (20 min) - Upgraded Costa Rican food with upscale jungle vibes. Reservations Required.

**Citrus** (20 min) - Eclectic menu from the best chef in the area! Definite Asian twist, very well executed! Reservations Required.

**Jolly Roger** (20 min) – WINGS! And possibly the best ocean view around. 4x4 absolutely required.

**Mirador Don Roger** (5 min)- Gorgeous view of the Whale Tail and delicious food! Absolute best place for a sunset beer.